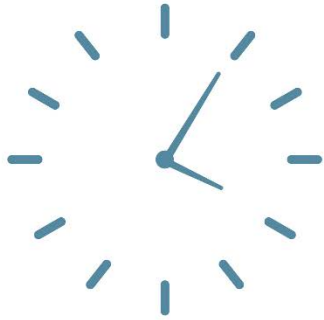


Epilepsy First Aid

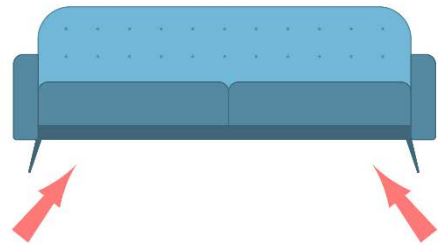
- 1** Stay calm 
- 2** Create a safe space 
- 3** Roll the person on their side after the seizure subsides 
- 4** Note the time the seizure begins and ends 
- 5** Provide reassurance 
- 6** If a seizure last longer than 5 minutes-
Seek Medical Assistance Immediately 

Epilepsy First Aid



Note the time the seizure begins and ends

Create a safe space



If a seizure last longer than 5 minutes- Seek Medical Assistance Immediately